



ENERGETIC TRUTH

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The journey for many of us whom feel compelled to serve and evolve whether we want this or not will be hindered by truth. Truth- not in the sense of there being an absolute truth but an energetic truth that is evident in only sound and frequency. A very different kind of truth, there exists a truth at a vibrational level that communicates a unique message for us all. Do you have the ears to hear it, can you feel it through your cells, is your heart open to feel its sensation and are you able to trust enough to allow it to be GIVEN to you?

What I do know is the energetic truth will always prevail if you are ready to LISTEN and can RECEIVE it.

That being the key, it cannot be avoided once you open yourself to this. What we do though is we keep it at bay, we do not even know we are doing this it is so unconscious. We maybe at a deep level protecting someone we love, avoiding our personal growth, keeping the union as it is scared of how it might change and evolve. Whatever is going on for us it will not take on a new form, you will not truly be able to contribute as well as you might be able too if you cannot RECEIVE the truth. The truth of yourself, a partner, your union, your journey, whatever it might be.

How we distract ourself is by keeping ourselves energetically busy working on ourself as I have mentioned, maybe disengaging in reality by spending all of our time in other realms, avoiding the reality and truth that is sitting right there in front of us.

But alas we cannot make it come out before it is ready, we cannot DO anything to make it unfold. We can BE open to RECEIVE, we can

LISTEN to the subtleties of the waves of sound that permeate our being, we can sit without any agenda and truly trust the domain of this great universal paradigm we sit within.

What I do love through about life is it will prevail, it always does. What we do with it once it does is our learning and great opportunity. How we choose to respond to this is what we will all individually choose.

That is where we do have the choice of responding from a victim consciousness perspective or a unity consciousness perspective. If we are to respond from unity we know we are a part of something way more profound than the actions we are playing out. We know the opportunity for us might be to grow, evolve, it maybe to do nothing and be everything that might be our only vibrational lesson. The gift is we are provided the opportunity to RECEIVE what is real and allow that to be all it is – just a vibration, a frequency and allow that to be all encompassing within our being.

LISTEN for the sound of this and note it within your being, remember that tune, hear yourself and note this so you do not betray yourself at any level again. The sound of this is what we have senses to feel, the tune beating within you as you HEAR the message that has now come alive. That is the gift, to truly resonate with this and know this is what is part of a much bigger reality, a reality that is unknown and deeply intangible but it is REAL and only you can actualise that in you, no one can make you believe only you can truly experience this and make it real.

Imagine if through life and the experiences that we experience in life there is only this to be and do. To not get distracted in the story and your RESPONSE but to LISTEN for the frequency of the learning, to step aside and in the place of great I AM ness allow this to be and recognise it as energetically REAL. I wonder then if we would betray ourselves and what we know to be true at an energetic level ever again? I wonder - how this will change the way we EXPRESS and LISTEN and how we all communicate with one another?

How might this open up our possibility for vibrational communication? How might this heal the conflict in the world? For example with two parties fighting, at breakdown, living out a stalemate whether

individuals or a country imagine if our opportunity was to RECEIVE the perspective of the other and in hearing this with no agenda or judgment we allowed the vibration to be felt. We knew that we could as an individual or as a collective RECEIVE this fully. It is felt, yet there is no attachment to the meaning of it, there is no meaning. It is only a vibration. How might that then open up how conflict is resolved? What might occur differently in our peace-keeping talks, in our marriages, in our business negotiations? What might that open up for us?

How might energetic truth be given its greatest opportunity to create resolution and deep love way beyond any mechanical method we as humans have constructed. Imagine if all we have been doing and relying upon is blocking the system of natural resolution. Imagine if we are in the way using parts of ourselves that do not need to be activated. What I imagine is new parts of us deep within our being that are REAL, are awaiting you to push the button and allow them to start working. They will start immediately and you have to do nothing, nothing at all. Just trust it is real, you are experiencing deep union with your energetic presence and contributing to a new world, a greater WE and a profound opportunity for deep transformation in a way that will take all of our breaths away.

It is a NEW way that is dawning for us all yet what I am requesting from you is you have to make this NEW world real. You have to take the steps for this to activate itself, we all do. With great intention, with a brave heart and a courageous spirit I request that you all:

- 1) Stop betraying what you know to be REAL
- 2) Start believing what you cannot see it, start acknowledging it as truth to you
- 3) Put yourself on the line and ask that you RECEIVE all the energetic truth that is being shown to you in your life
- 4) Be bold and courageous enough to RECEIVE it all
- 5) Let it be what it is and FEEL the vibration of this without any meaning
- 6) Surrender to the greater wisdom well and above all that you know
- 7) Simultaneously sing and dance to the sounds of life, the tune within your being, the tunes that pass through you and the harmony we are all playing