



ENERGETIC ENVIRONMENTS

Sarah McIntyre© 2006

Are we all afraid of the energetic space that gets created when we no longer fill it with story, blame or victim thinking?

As people who wish to live within unity we have an individual choice to be the example of what we want in the world nothing more.

We have an opportunity to BE our being ness with everyone we experience life with.

We cannot control others with our intentions, words or actions we can only accept personal choice and exert this in the world.

I know we all know this but do we live it?

In seeing how engaged we get in our own pain and how we then in our familial units play out these patterns it might be that we hold an opportunity energetically for everyone to find and express their UEI™.

What tends to happen though is we often are living so unconscious that we hold no complete FREEDOM inside of ourselves and we manipulate energetically to **not** SEE, HEAR and RECEIVE the energetic truth.

Are you courageous enough to take yourself to a complete space of being ness then let the truth come to the surface in your life?

The ways we may keep it at bay are like behaving as our mother does to keep things all nice and calm not wanting to disturb the peace, it may look like we explode like our father and blame and are unable to see ourself and our contribution. Whatever we most likely take on some

patterns and live them out with the world.

What seems key is acting in alignment with your UEI™. Knowing if a strong and fierce conversation is needed now then having it and expressing the fierceness of your thoughts. It may mean sitting in your beingness and allowing the people around you to feel received. It might look like spending time listening and tuning into the sound and frequency that you are communicating with others.

We have to get past that life must look like X. We have to NOT know and allow the not knowing to unfold. It might shake everyone up around you, it may look like combustion but if you can experience your UEI™ you know what tact to take and when. You will be comfortable seeing your own imperfection knowing it is all perfect.

This energetic space creates what we call an **“Energetic Environment”**. Imagine if all we can create is this and in this environment there will be the space for what needs to come to the surface to blossom. It may look like a relationship ending, a fight with a parent, nothingness between you and a lover, freedom and great harmony in your being might be what you experience. Your role in this is to not be engaged in your own story, to maintain and hold your UEI™ around others, to allow all people to express and be at their level of consciousness, to have an energetic freedom inside of you and to listen and receive the sound and frequency of the people you are enjoying company.

The opportunity for us all as we live with our UEI™ in these Energetic Environments is to really give up thinking $X + Y = Z$. There is no such forum for this at this level of beingness. We have no paradigm for this when you reside within the world of your UEI™ or another term used in the world is **Collective Individualism**. In this paradigm all individuals radiate their UEI™ in this space they all have their individual incarnated karmic imprinted learning and it is our individual responsibility to work through this and face it. We most likely picked parents, family, lovers and friends that will trigger this and they are to be blessed. This is how we will evolve within the complexity of life to live as a collective yet fully invested in our own individualism.

The UEI™ is key for your conscious evolution and the karmic learning you have within your blueprint. This means we all hold this within our

being and learning to access and live in accordance with your UEI™ will bring forth your learning and opportunity for evolution as a human being.

This concept is challenging to grasp and live day to day. It means you cannot engage in other people's story and feed victim consciousness in the world. It means you have to learn to communicate and express without story. It means you will be more aware of your beingness than ever before. It means you cannot betray your UEI™ at all if you do you will notice this in your energy levels and your body. It means you will be called to be courageous and express yourself in life. It means you will not know the outcome and truly live without any agenda. It means you will be living within unity inside of yourself amongst the complexity of life.

Sound appealing – maybe not but for many of us we lead the way saying it is REAL and it is what we are all being called forth to be.